

Kent & Medway Prehab™

presents:

Prehabilitation Study Day: Empowering patients and improving outcomes

5 CPD Points (RCOA) approved

7th of June 2021 online

0900 Welcome and Registration
<u>Session One: Facets of Prehabilitation</u>
0915- 1000 Prehabilitation: More than exercise - Concepts, evidence and models Dr Tara Rampal, Consultant Anaesthetist, Clinical Director of Kent and Medway Prehab, Visiting Senior Lecturer Canterbury Christchurch University
1005-1035 The role of Primary Care in the journey of People with Cancer Dr Bana Haddad, Cancer Lead & Macmillan GP, K&M CCG; Clinical Lead for Personalised Care, Kent & Medway Cancer Alliance
1045- 1115 Exercise Oncology- Facts and Science Assoc Prof Fernando Naclerio, Head of Centre for Exercise Activity and Rehabilitation, University of Greenwich
1125- 1155 Surgeon's perspective on Prehabilitation Miss Stephanie Fraser, Consultant Thoracic Surgeon and Prehab Lead, Guy's and St Thomas' NHS Trust
1200-1230 Cancer Alliance involvement with Personalised Care, Living with and Beyond Cancer Claire Mallet, Programme Manager, Kent and Medway Cancer Alliance
1230-1330 Lunch
<u>Session Two: Models of Care</u>
1330-1400 Prehabilitation in the Community Roberto Laza Cagigas, Senior Exercise Physiologist
1400-1430 Prehabilitation in the Hospital Dr Rasha Abouelmagd, Consultant Anaesthetist, King's College Hospital
1430-1500 Medical Innovation – Incorporation in your practice Prof Kanegaonkar, Professor in ENT and Medical Innovation
1500-1530 Patient Panel: Experience, Discussion and Qs and As
1530-1600 Summary and take home messages

Moderator: Dr Nur Lubis, Consultant Anaesthetist

ONLY £ 50 Email : mathilda.fraser@phb.community to book

Phase-B